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مجله علمی ابن سینا / اداره بهداشت و درمان نهاجا (سال ۹، شماره ۲، ۷۳)

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CMV

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HSV

(Famvir)

(Zovirax)

Federal Aviation ) FAA

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## Anti HSV drugs and flight

### **Abstract:**

One of the most common viral infections is HSV infection that can manifest as oral, genital and skin or systemic infections. Therefore awareness of flight crew and medical members about usage of Herpes medications during flight duties is important. FAA (in civil part) authorizes pilots to fly on these medication after. At least two days of grounding once beginning the drug is required if there are no significant side effects. Acyclovir also is available as a cream, which pilots may use and not ground themselves. does not interfere with safe operations of an aircraft. According to Health Canadian Air Force Guidelines (in military part), for aircrew with frequently recurring genital herpes, suppression by the administration of daily oral acyclovir, famciclovir, or valacyclovir is acceptable for continuing aircrew duties.

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**Key Words: HSV, Infection, Flight, Drug**