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مجله علمی ابن سینا / اداره بهداشت و درمان نهاجا (دوره ۹، شماره ۱،
سال ۱۳۸۵، مسلسل ۲۲)

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Mastalgia

Abstract

Mastalgia is a main complaint in women that causes those to refer to clinics repeatedly, from their youth around premenopausal. Unfortunately, its exact reason is unknown, but someone believes that hormonal factors are involved due to nature and time of occurring mastalgia. It's noticeable that, there is no mental and hormonal differences between women that suffer from mastalgia and others that have another disease.

Mastalgia is categorized into two parts: cyclic and non-cyclic, so with various treatments, the physicians cannot be fair in their decisions, and have lots of difficulties in this important matter. Today, use of herbal drugs is suggested by physicians, because of side effects of synthetic drugs, such as (danazol, bromocriptin and evening primrose oil), this kind of drugs are noticeable in recent studies.

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Keywords: Mastalgia, Treatment, Danazol, Bromocriptin